



LEO ROJALES



Can you share a brief overview of your cultural background and heritage?

"I am from a country that has **more than 5,000 islands** and **over 100 dialects**, which is divided into 3 regions Luzon, Visaya and Mindanao, that give each region or some islands it's own unique culture."















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What aspect of your heritage are you most proud of and why?

"I am most proud of the human kindness that Filipinos show to others. We, like any other nation, have our exceptions, but for the most part, we open our hearts to everyone. This might be influenced by our thousands of islands and hundreds of dialects."









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What is a unique tradition or custom from your heritage that you'd like to share with others?

"I'm not sure when it started or how it came to be, but receiving a blessing called 'Mano po' from an elder by holding their hand and putting it on your forehead is very unique. Despite the diversity across different islands, younger kids somehow know how to show respect to elders by performing the 'Mano po' gesture."





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What is a popular form of art or entertainment from your heritage that you enjoy?

"A popular form of entertainment in the Philippines is singing karaoke. We may not all be singers, but there's always a karaoke machine being shared throughout the neighborhood. Perhaps this stems from the old days when men had to serenade women to secure a date."



