

CELEBRATING

ASIAN AMERICAN AND PACIFIC ISLANDER
HERITAGE MONTH

EXPLORING AND LEARNING FROM THE **DIVERSE**
EXPERIENCES OF THE AAPI COMMUNITY



INCLUSION & DIVERSITY

TOMMY HONG

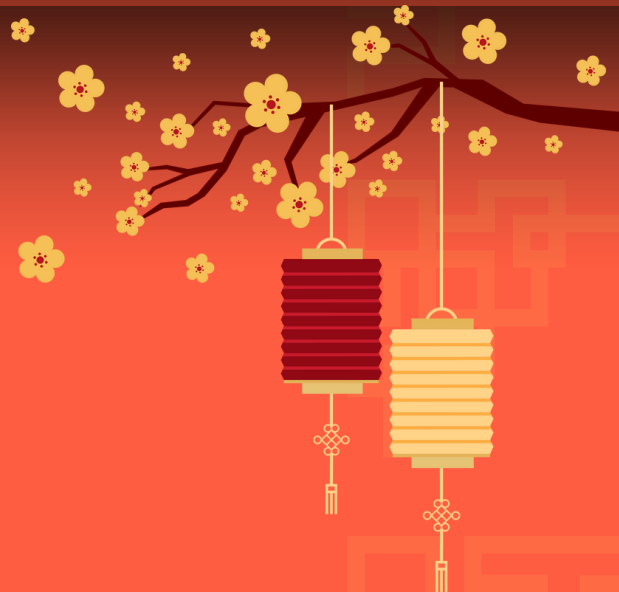
How do you celebrate important festivals or holidays associated with your AAPI heritage?

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"Seollal or Lunar New Year's is celebrated in Korea by gathering with family to eat tteokguk (rice cake soup) while also playing traditional games."



-Tommy Hong



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Can you share a favorite recipe or dish from your cultural background?

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"Dolsot Bibimbap or Korean Stone Pot Rice Bowl is my favorite dish. This is a very popular traditional Korean dish that consists of a hot stone pot filled with rice and topped with vegetables, sliced beef (aka bulgogi), and a fried egg. It is all mixed and you can add a spicy chili paste called gochujang before eating."



-Tommy Hong

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What is a unique tradition or custom from your heritage that you'd like to share with others?

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"In Korea, you are one year old at birth and then another year after January 1. This means your age is 1 or even 2 years older in Korea and it is the only place in the world that use this age system!"



-Tommy Hong

